Solar Return Analysis

Gordon Ramsey | 2026 Solar Return | Johnstone, Scotland, United Kingdom

Annual Overview

This looks like a year of turning inward before stepping outward. At 60, your annual profection falls on Gemini, the first house, so the year is about you: your body, your vitality and the way you carry yourself. Mercury is the Lord of the Year, and in your Solar Return it sits in Scorpio in the first house, conjunct the Ascendant. That suggests a thoughtful, probing and private year, in which what you think, say and decide shapes everything else. The Sun returns to the same sign it occupied at birth, Scorpio, and the Moon and Mercury join it there. The year therefore has a concentrated, self-examining flavor, and it may feel like a renewal of your own core themes. Mars and Jupiter, together with the Midheaven, sit in Leo in the tenth house. This hints that your work, reputation or public role could be where the warmth and recognition of the year are most visible, even though the year begins quietly. The best approach is to take your time and let your thoughts mature before acting. This is a year for reviewing and refining more than for rushing.

Natal Promise and Annual Activation

Your natal chart is rising Gemini at 24 degrees, so Mercury is your chart ruler. Mercury sits in Sagittarius in the seventh house, retrograde, so your mind tends to work through other people, through dialogue and through reflection rather than quick reaction. It is a modest planet in power, yet its net harmony is well above your chart's average of minus 9.6, so it is a steadier voice than much of your chart. It rules Gemini and Virgo, and Virgo is where the Moon, Mars, Uranus and Pluto gather in your fourth house. Thinking and speaking are therefore tied to the intensity of home, family and roots.

The foundation also carries a strong sixth-house signature: the Sun, Venus and Neptune in Scorpio, with the Sun conjunct Venus. That points to a life built around work, service, health and daily craft, with deep feeling and idealism woven into it. The Moon, Saturn and Uranus all square your Ascendant, which suggests an old tension between emotional needs, structure and the need for independence. At 60 the profection brings Gemini and the first house to the front, so Mercury becomes the agent of the year. In the Solar Return Mercury has moved from the seventh house, which is about others, into the first house, which is about you, and its power has grown from 20.3 to 49.3. Its net figure of 4.8 sits above the Return's average of 1, so its natal steadiness is supported. It is retrograde in both charts, which favors review and reconsideration over haste.

Solar Return Conditions

The Solar Return Ascendant is Scorpio at 8 degrees, and the Return is a night chart, as your natal chart is. The Ascendant is ruled by Mars, which sits in Leo in the tenth house and is conjunct Jupiter, with both applying toward the Midheaven at 26 degrees of Leo. The Midheaven is ruled by the Sun, which sits in the first house, angular and conjunct nothing on the Ascendant but within the same sign. The year's self and its public face are therefore bound together: how you feel inwardly and how you appear in the world are meant to match. The Sun, Moon, Mercury and the Lot of Fortune all fall in Scorpio in the first house. The Moon applies toward the Ascendant and toward a conjunction with Mercury, which makes feelings and thoughts hard to separate this year. Mercury is conjunct the Ascendant and separating, and it squares Pluto with an applying orb, so deep conversations, research or strong convictions may press for expression. Uranus in Gemini, the profected sign, is in the eighth house and angular. It stands for surprise and change in shared matters, and the Moon's exact quincunx to Uranus suggests a need to adjust to such shifts. Saturn in Aries in the sixth house is nearly exactly quincunx the Ascendant, which asks for practical adjustments in health and routine. Venus retrogrades in Libra in the twelfth house, so affection and rest lean private. Jupiter has the strongest net harmony among the planets, which supports opportunity.

Natal and Solar Return Synthesis

The clearest repetition is Scorpio and the sixth house. Your Solar Return Ascendant falls in what was your natal sixth house, where your Sun, Venus, Neptune and Mercury sit in the quadrant scheme. The Return Sun lands in the sign of your natal Sun and is conjunct your natal Venus, and it forms an almost exact applying sextile to your natal Mars. Your natal Sun already sextiles Mars,

so the year renews a built-in link between identity and drive. Purposeful, practical effort in your health and daily work may feel natural, and it can be rewarding. Mars strengthens this theme. It ruled your sixth house natally and now rules the Return Ascendant, so the same planet that governs your routines now governs the year's self. Its move to Leo and the tenth house brings energy and visibility to your career or reputation. Leo is also where your natal Jupiter and your Lot of Fortune sat, and Jupiter now returns there. The Return Jupiter sextiles your natal Ascendant, and your natal Jupiter forms an applying sextile to Uranus. Leo is a place of recognition and generosity, so opportunities may come through steady work done openly. Mercury ties these threads together. Your natal Mercury receives an applying opposition from the Return Uranus, which suggests that sudden ideas or changes in shared matters may challenge settled ways of thinking. Its sextile to Pluto and trine to Neptune add depth and imagination. The retrograde Venus in the twelfth house repeats a natal Venus link to the twelfth, which suggests quiet renewal in affection and rest. The stubborn tension is Saturn, which in the Return quincunxes your natal Saturn, and it falls where your natal Saturn already carries the heaviest burden. This calls for conscious pacing rather than force. Review before you commit, rest when your body asks, speak your intentions clearly, and let people who matter to you hear them.

The Year Ahead

The Moon begins in Scorpio in November, in the first house, and the year opens in a reflective, personal mood. In December and January the Moon moves through Sagittarius and Capricorn, the second and third houses, and attention turns to resources, plans and conversations. February and March bring Aquarius and Pisces, the fourth and fifth houses, which emphasize home, then creativity and pleasure. April in Aries falls in the sixth house, where Saturn, Chiron and Neptune sit, so health and routines need care. May and June move through Taurus and Gemini, partnerships and then the eighth house, where Uranus sits, so changes in shared matters may surface. July in Cancer turns to travel and belief. August in Leo reaches the tenth house, where Jupiter, Mars and the Midheaven sit, and this may be the visible peak. September and October in Virgo and Libra bring friendships, hopes, and a quieter closing retreat.